

Shivi Ramoutar

Television Chef / Presenter

Shivi is a food writer, cookbook author, TV chef and presenter. She can regularly be found cooking on TV, having been the resident TV chef on ITV's Garraway's Good Stuff, alongside Kate Garraway and previously the TV chef on ITV's Martin and Roman's Weekend Best, alongside Martin and Roman Kemp. Shivi has also stepped in as host on a couple episodes of both of the shows alongside Martin Kemp. She is a regular guest on BBC's Saturday Kitchen and has previously hosted the show as well as a regular on ITV's This Morning. Shivi has also appeared on BBC's Mastermind (with her topic of choice being Sex And The City) and Pointless Celebrities, and is due to appear on ITV's Tipping Point: Lucky Stars.



Shivi has written three cookbooks, her first, *Caribbean Modern: Recipes from the Rum Islands*, was published by Headline. Her second cookbook, *The Ice Kitchen: Fast Fresh Food to Fill Your Family and Your Freezer*, was published by HarperCollins. And her third, *Cook Clever: One Chop, No Waste, All Taste*, is due out at the start of next year, published by HarperCollins.

Shivi has been dubbed by The Guardian as "Caribbean Food Supremo", and by BA The Club magazine as "Queen of Contemporary Caribbean Cooking". She has shared her unique, fresh and colourful approach to flavoursome Caribbean food across London and the UK, via her supper club, and subsequently through restaurant and brand collaborations and her first book, *Caribbean Modern: Recipes From The Rum Islands*. She is a Food Hero for P&O Cruises, alongside Marco-Pierre White, José Pizarro, Kjarten Skjelde and Olly Smith, creating a Caribbean-inspired menu for the onboard restaurant. Her journey with food continues with each change in her life, now favouring a thoughtful waste-free approach to food, for the whole family, in whatever sense that can take form, time-saving, low-cost and clever cooking. But without a doubt, she and her recipes still adhere to her original signatures of vibrant colour, bold flavour and tropical touches.

Many moons ago, Shivi was born in Trinidad into a colourful (in all senses of the word) family and brought up between those beloved salty beaches, the grassy Leicestershire countryside (via a brief stint in the Big Apple) and the eclectic buzz of London where she has now settled and calls 'home'. She left a career in Law to pursue her passion for food. Her favourite past times are tinkling the ivories (her ambition was once to be a classical pianist), writing songs and tap dancing. She lives with her husband, her two little wildlings and a newborn baby in a house of utter chaos.

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