

Seka Nikolic

Seka Nikolic arrived in England in April 1989. She is a Bio-energy practitioner with exceptional powers. Born in Sarajevo, Yugoslavia. She is a graduate of Economics from Sarajevo University, but has become celebrated as a Bio-Energy practitioner not only in Yugoslavia, but throughout Europe. She inherited her Bio-Energy powers from her mother, but was encouraged not to use them until she finished her education. She has practised her extraordinary powers since 1983.



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Publications

Non-Fiction

Publication Details	Notes
You Know More Than You Think 2010 Hay House	Have you ever telephoned someone just as they were about to ring you? Or received an email or a letter from a friend who you dreamt about the night before? It may feel easier to believe that these situations are simply coincidental – but this book will help you to understand the very real explanation behind this magical form of energetic communication. Discover: • the ability that we all have to send and receive messages through our energy frequencies • practical exercises to improve your state of neutral mind • how to use neutral mind to get what you want from life • specific chapters on relationships, family, life and health • real case studies to demonstrate this amazing tool. You were born with the ability to use energy and this book will help you nurture your natural gift , dramatically improve your happiness and health, and invite the magical back into your life.

Publication Details	Notes
YOU CAN HEAL YOURSELF: Bio-Energy and the Power of Self-Healing 2006 Sidgwick & Jackson	<p>Seka Nikolic is a bio-energy practitioner with exceptional power. The Milan Institute for Bio-Energy scientifically established that her healing powers are unequalled, and Seka's remarkable success rate has earned her a worldwide reputation. Seka believes that her healing ability has a scientific basis and that bio-energy healing can work to complement orthodox medicine. Indeed many of her patients are referred to her by doctors who know that she can help with illnesses like ME. In this ground-breaking book, she explains the principles of bio-energy and describes how the body's energy field can be thrown out of balance by negative emotions like stress or fear, by the impact of other people's energy levels and by geopathic stress. The result of this imbalance is illness and disease. Drawing on Seka's twenty-five years of experience, the book mixes case studies with practical advice that enables the reader to recognize the problems that can lead to ill-health and learn how to manage their energy to protect themselves and start the self-healing process. Accessible and convincing, "You Can Heal Yourself" will appeal to anyone who is interested in achieving optimum mental and physical health.</p>