

## Felicity Aston

### Writer/Presenter

Felicity Aston is a Polar Explorer and Scientist.

In 2012 she became the first person in the world to ski alone across Antarctica using just muscle power (no kites or machines). The journey of just under 2000km took her two months and gave her a place in the book of Guinness World Records.

More than a decade previously, her first journey to Antarctica was as a meteorologist with the British Antarctic Survey to monitor climate and ozone. Felicity spent three years at Rothera Research Station on the Antarctic Peninsula, including two consecutive winters.



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