

Gaz Oakley

Author / Chef / Influencer

Gaz Oakley is passionate about vegan cooking. He became a chef in Cardiff, UK, at the age of 15. In October 2015, inspired to follow a healthier lifestyle, he decided to change his diet and go vegan overnight. At the insistence of his friends, he started posting pictures of his meals on Instagram, and before he knew it he'd grown a global following of over 400,000 Instagram followers and 900,000 YouTube subscribers. His vegan food celebrates the classics we all love, with all the flavour and colour, and none of the compromise.



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Publications

Non-Fiction

Publication Details	Notes
VEGAN CHRISTMAS 2019 Quadrille	Vegans and vegetarians everywhere will have the best holiday period ever with Gaz Oakley's fantastic alternatives to the trad turkey and trimmings. Gaz is an expert in bold flavours and textures, so everyone can enjoy a spectacular centrepiece and amazing food throughout the festive season.
VEGAN 100 2018 Quadrille	The emphasis in Gaz's 100 amazing vegan recipes is first and foremost on FLAVOUR. From Kentucky Fried Chick'n and Fillet "Steak" Wellington to Chocolate Tart and Summer Berry Mousse Cake, it's all incredible-tasting food that just happens to be vegan. Delectable, beautiful and packed with dishes that are good for you, this is like no other vegan cookbook.